Thank you for choosing The Surgical Suites for your eye procedure. We are here to provide you and your doctor with a high quality healthcare experience. This packet will provide you with information that is important for your upcoming visit. Please review all of the information and follow the special instructions carefully.

**BEFORE YOUR PROCEDURE**

If there are any **changes in your health** between now and the time of your procedure call and speak to a Nurse at The Surgical Suites. *(For example: a cold, fever, cough, infection, etc.)*

If you take **blood pressure** and/or **heart medication**, continue to take the medication but only with **sips of water** on the morning of procedure. If you are not sure of your medications, please bring them with you to the center.

**Checklist of Items to bring with you:**

<table>
<thead>
<tr>
<th>✓</th>
<th>DOCUMENT</th>
<th>NOTE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Photo ID</td>
<td>Required</td>
</tr>
<tr>
<td></td>
<td>Insurance Cards</td>
<td>Required</td>
</tr>
<tr>
<td></td>
<td>Medication List</td>
<td>Required</td>
</tr>
<tr>
<td></td>
<td>Forms in this Package</td>
<td>Review and Complete all Blank Forms</td>
</tr>
<tr>
<td></td>
<td>Dark Glasses</td>
<td>If provided by your Doctor’s Office</td>
</tr>
<tr>
<td></td>
<td>Glasses / Contact Case</td>
<td>Optional</td>
</tr>
<tr>
<td></td>
<td>Advance Directive and/or Living Will</td>
<td>Optional</td>
</tr>
<tr>
<td></td>
<td>Payment for Copayment</td>
<td>We accept cash, check, cashier’s check, money order, and all major credit cards</td>
</tr>
<tr>
<td></td>
<td>Payment for Premium Lens</td>
<td>We only accept cash, cashier’s check, money order, and all major credit cards, <em>(no personal checks)</em></td>
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<tr>
<td></td>
<td>Cash for Parking</td>
<td>Parking is $1.00 per 30 minutes with validation stamp</td>
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Please wear comfortable loose fitting clothing. Women should wear blouses, as you will be asked to remove your blouse for a hospital gown, but you will be able to keep on the rest of your clothing. Men will change only their shirts for a hospital gown. Lockers will be provided for your belongings.

Please bathe or shower prior to procedure. Remove all make-up, jewelry, hair pieces, and false eyelashes.

If you wear glasses or contact lenses, please bring a case for their safekeeping. We will provide containers for any removable dentures or bridgework.

Please be prompt. The hour before procedure is used for lab tests, preoperative instructions and questions.
DAY OF PROCEDURE: LOCATION

The Surgical Suites is located in the **First Insurance Center**. Enter the main lobby and take the elevator in the second tower to the 10th floor. The building and parking open at 6:00 AM and close at 6:00 PM. The entry for **Public Parking** is located ONLY on **Beretania Street**.

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You may take the bus to arrive at the center but you must have a responsible driver to take you home following your procedure.

**Bus Instructions:**

#1 & #2 Bus going Ewa stops on Beretania in front of the Honolulu Academy of Arts.
#1 & #2 Bus going Diamond Head stops on King Street in front of Blaisdell Center
#15 Bus going Makai stops on Ward Avenue across from the Honolulu Academy of Arts.
#15 Bus going Mauka stops on H-1 overpass.
NIGHT BEFORE PROCEDURE: EATING AND DRINKING

<table>
<thead>
<tr>
<th>Time of Procedure</th>
<th>Eating and Drinking</th>
</tr>
</thead>
<tbody>
<tr>
<td>If scheduled between 6:00 am and Noon (morning)</td>
<td>No food or beverages after Midnight&lt;br&gt;Take blood pressure and heart medications with sips of water only</td>
</tr>
<tr>
<td>If scheduled between Noon and 6:00 pm (afternoon)</td>
<td>No food or beverages after Midnight&lt;br&gt;Only clear liquids until <strong>6:00 am</strong>&lt;br&gt;Take blood pressure and heart medications with sips of water only</td>
</tr>
</tbody>
</table>

Failure to follow these dietary guidelines will require your procedure to be rescheduled.

DAY OF PROCEDURE: ARRIVAL

When you arrive at The Surgical Suites, you will be greeted by one of our staff. You will complete some admission paperwork. Following this, the Nursing Staff will check your blood pressure, temperature, heat beat, and ask you a few questions to make sure that you are prepared for procedure. Additional pre-procedure lab tests may be required.

In preparation for your procedure, you will also be given eye drops to dilate your pupil. They will be put into your eye several times. A Nurse will start an IV that will be placed in your vein. The Anesthesiologist will give you medicine through the IV to help you relax and you may become drowsy. A topical anesthetic will also be given to you.

The average procedure takes between 15-30 minutes; however your entire visit (*beginning to end*) may take 3 hours. During this time you will be awake and it is very important to remain still. We ask that you not move your head and let us know if you need to cough or sneeze.

It is our goal to make you comfortable during your procedure. If you feel any pain or experience any discomfort, please let us know and we will immediately give you more medication. Being awake during procedure is more safe and pleasant for you. Please tell us if you need anything.

When the procedure is completed, the Doctor may put a patch and a plastic shield over your eye. Leave these on until you return to the office for your first post-operative visit the day after procedure.

DAY OF PROCEDURE: AFTER THE PROCEDURE

You will rest for about 15-30 minutes after the procedure, where you are monitored carefully and may have something to eat and drink. When your recovery is appropriate, you will then be permitted to leave The Surgical Suites with a responsible adult. Again, the total time in the procedure facility will be approximately three (3) hours.
For your safety and comfort, arrange in advance for someone to drive you home after procedure. You may use a taxicab, but may not take the bus.

Do not drive, operate machinery, or drink alcohol for 24 hours after your procedure. Closely follow your Doctor’s instructions about post-procedure activities. If you have any questions or concerns about your procedure or recovery, please call your Doctor’s office.

IMPORTANT: Call your doctor immediately if you develop fever, excessive bleeding, severe pain, reduction in vision, nausea, vomiting or other unusual developments related to your procedure.

Eye medications, including those for glaucoma, can be used in the eye that did not have the procedure. Your doctor or the staff will tell you which medications, if any, may be used in the eye that had the procedure. You may resume taking all of your other medications.

All patients under 18 years of age must be accompanied by a parent or legal guardian to sign registration and surgical consent forms.

**FINANCIAL RESPONSIBILITIES**

Fees for cosmetic procedures and other cases not covered by insurance must be paid in full at the time of admission. We accept cash, money orders, certified checks, and all major credit cards.

Fees at The Surgical Suites are for facility services and based on the type of procedure performed. A procedure(s) charge(s) will be made which includes the services of preoperative, operating room, and recovery room services, normal supplies and medications. It does not include the fees of your surgeon, anesthesiologist, pathologist, laboratory fees, and some non-standard supplies or medications. These will be billed separately.

As a courtesy to you, The Surgical Suites participates with and bills Medicare, most HMSA plans, and many other health insurance programs. We will do our best to verify your eligibility prior to your procedure, but we recommend that you contact your health insurance company to ensure coverage benefits. Participating insurance companies usually pay us directly, but you will remain responsible for the balance, any deductible and/or co-payment portion of your policy on day of procedure.

In order for us to file claims with your insurance carriers and give you an estimate of what you may be expected to pay, we must have insurance information from you. This information may be obtained by your surgeon’s staff and procedure to get this information. Please remember to bring your insurance card(s) the day of procedure.

If you have any questions about any part of your care, we will be glad to answer them during our preoperative telephone call, which is usually done the day before the procedure.

On the morning of your procedure, after 6:00 a.m., you can call us at (808) 531-0127.